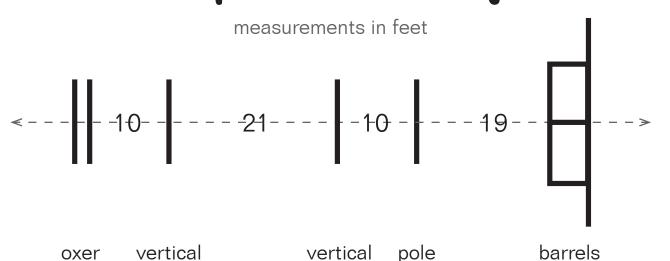


Grid Setup: "The Skinny Grid"



This grid is very short but the jumps are very narrow, about 4 foot wide
Start with poles on the ground and gradually lift the poles (one at a time) to small jumps
Move the poles/jumps around to what suits/feels right

